



**ATHLETICS - TRACK EVENTS**  
**STOCKER STADIUM**  
**SATURDAY, JUNE 8, 2019**

**5K RUN** **STAGING** **AWARDS**

Event Time	Gender	Division		
7:30 AM	ALL	<b>M1 - M3</b>	GREEN	GREEN

**400 M Run** **STAGING** **AWARDS**

Event Time	Gender	Division		
8:30 AM	Female	<b>F1</b>	GREEN	PRELIMS

**400 M Walk** **STAGING** **AWARDS**

Event Time	Gender	Division		
8:30 AM	Female	<b>F1 - F2</b>	GREEN	PRELIMS

**400 M Wheelchair** **STAGING** **AWARDS**

Event Time	Gender	Division		
8:45 AM	Female	<b>F1</b>	GREEN	PRELIMS

**100 M Run** **STAGING** **AWARDS**

Event Time	Gender	Division		
9:00 AM PENT	ALL	<b>F1 , M1 - M2</b>	GREEN	
9:00 AM	Female	<b>F01 - F04</b>	GREEN	PRELIMS
9:15 AM	Female	<b>F05 - F08</b>	GREEN	PRELIMS
9:30 AM	YOUNG ATHLETES			

**100 M Walk** **STAGING** **AWARDS**

Event Time	Gender	Division		
9:45 AM	Female	<b>F1 - F5</b>	GREEN	PRELIMS

**Wheelchair Races** **STAGING** **AWARDS**

Event Time		Division		
10:00 AM	25 Meter Wheelchair	<b>F1 - F3, M1 - M2</b>	YELLOW	YELLOW
10:00 AM	30 Meter motor Slalom	<b>F1, M1</b>	YELLOW	YELLOW
10:00 AM	50 meter Motor WC	<b>F1, M1</b>	YELLOW	YELLOW

**50 M Run** **STAGING** **AWARDS**

Event Time	Gender	Division		
10:00 AM	YOUNG ATHLETES			
10:30 AM	Female	<b>F1 - F5</b>	GREEN	PRELIMS

**50M WALK** **STAGING** **AWARDS**

Event Time	Gender	Division		
10:30 AM	Female	<b>F1 - F3</b>	GREEN	PRELIMS

**50M ASSISTED WALK** **STAGING** **AWARDS**

Event Time	Gender	Division		
10:45 AM	Female	F1	GREEN	PRELIMS

**Assisted Races** **STAGING** **AWARDS**

Event Time		Division		
11:00 AM	25 M Assisted	F1 - F2	GREEN	PRELIMS

**800M Run** **STAGING** **AWARDS**

Event Time	Gender	Division		
11:15 AM	All	M1 - M3	GREEN	GREEN

**800M Walk** **STAGING** **AWARDS**

Event Time	Gender	Division		
11:15 AM	All	F1, M1	GREEN	GREEN

**MATP** **STAGING** **AWARDS**

Event Time	Gender	Division		
11:30 AM	All	All	YELLOW	

**200M RUN** **STAGING** **AWARDS**

Event Time	Gender	Division		
11:45 AM	Female	F1 - F3	GREEN	PRELIMS

**200M WALK** **STAGING** **AWARDS**

Event Time	Gender	Division		
12:00 PM	Female	F1 - F3	GREEN	PRELIMS

**200 M Run** **STAGING** **AWARDS**

Event Time	Gender	Division		
12:15 PM	Male	M1 - M8	GREEN	PRELIMS

**200 M Walk** **STAGING** **AWARDS**

Event Time	Gender	Division		
12:45 PM	Male	M1 - M2	GREEN	PRELIMS

**50 M Run** **STAGING** **AWARDS**

Event Time	Gender	Division		
1:00 PM	Male	M1 - M8	GREEN	PRELIMS

**50 M Walk** **STAGING** **AWARDS**

Event Time	Gender	Division		
1:15 PM	Male	M1 - M2	GREEN	PRELIMS

<b>50 M Assisted Walk</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
1:15 PM	Male	<b>M1 - M2</b>	GREEN	PRELIMS

  

<b>Assisted Races</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>		<b>Division</b>		
1:15 PM	25 Meter assisted walk	<b>M1 - M2</b>	GREEN	PRELIMS

  

<b>100 M Run</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
1:30 PM	Male	<b>M1 - M10</b>	GREEN	PRELIMS
1:45 PM	Male	<b>M11 - M19</b>	GREEN	

  

<b>100 M Walk</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
2:00 PM	Male	<b>M1 - M3</b>	GREEN	PRELIMS

  

<b>100 M Assisted</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
2:00 PM	Male	<b>M1</b>	GREEN	PRELIMS

  

<b>400 M Run</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
2:15 PM	PENT ALL	<b>F1 , M1 - M3</b>	GREEN	PRELIMS
2:15 PM	Male	<b>M1 - M2</b>	GREEN	PRELIMS

  

<b>400 M Walk</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
2:30 PM	Male	<b>M1 - M2</b>	GREEN	PRELIMS

  

<b>4X400M RELAY</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
2:45 PM	ALL	<b>M1</b>	GREEN	GREEN

  

<b>4X100M Walk Relay</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
3:00 PM	ALL	<b>M1</b>	GREEN	GREEN

  

<b>4X100M UNIFIED RELAY</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
3:00 PM	ALL	<b>M1 - M2</b>	GREEN	GREEN

  

<b>4X100M RELAY</b>			<b>STAGING</b>	<b>AWARDS</b>
<b>Event Time</b>	<b>Gender</b>	<b>Division</b>		
3:15 PM	ALL	<b>F1, M1 - M5</b>	GREEN	GREEN

*NOTE: Listed times are approximate. Heats could start earlier if we are ahead of schedule!*