

# State Flag Football

**Special Olympics**  
Colorado



Date:	October 26, 2019
Location:	Colorado State University (Intramural Fields – see map)
Medical/Class A Deadline:	Prior to Regional competition
Entry Deadline:	Please provide verbal confirmation to Regional Manager. We will use entries from Regionals and advance them to State.
Competition Notes:	Athletes can compete in either Traditional Team, Unified Team or Individual Skills.
Opening Ceremonies:	Beginning at 8:30 AM.
Schedule:	Games will be scheduled between 9:00 AM and 5:00 PM.
Healthy Athletes:	To be determined.
Meals:	Finalizing details on meals.
Lodging:	Lodging will not be provided.
Governing Bodies:	Special Olympics Colorado Rule Interpretation and the Official Special Olympics Sports Rules for Flag Football shall govern all Special Olympics competitions (links can be found here: <a href="http://www.specialolympicsco.org/coach-handbook-sport/">http://www.specialolympicsco.org/coach-handbook-sport/</a> ). In cases not covered by these interpretations, Special Olympics North America (SONA) rules will govern for Flag Football.  Rules can be downloaded at <a href="http://sonc.net/wp-content/uploads/Flag-Football-Rules-SONA.pdf">http://sonc.net/wp-content/uploads/Flag-Football-Rules-SONA.pdf</a> .

## \* FLAG FOOTBALL \*

### Registration Guidelines

- *Coaches may not be on the field of play at any time during the course of competition.*
- If athletes are interested in entering the skills competition, please contact the Director of Competition at [sf@specialolympicsco.org](mailto:sf@specialolympicsco.org).
- Athletes may only be on one team.
- All entries must be identified with a team name.
- Each team shall have a non-playing coach responsible for the line-up and conduct of team during competition.
- Team rosters may have a minimum of five players and a maximum of twelve players.
- Team rosters MUST be the same at Regional Competition and State Competition.
- Unified Sports® teams shall consist of a proportionate number of Special Olympics athletes and Unified Sports® partners (non-disabled peers). During flag football competition, the preferred line-up consists of 3 Special Olympics Athletes and 2 Unified Partners. If this needs to be adjusted, the line-up shall never have less than three Special Olympics athletes on the field at any time.
- The age of the oldest team member will determine the team's grouping for both Special Olympics and Unified Sports® teams. Please remember the new 2018 rule stating that athletes playing on the adult teams need to be 16 years of age or older.
- Wheelchairs and/or walkers are NOT allowed unless the entire team is made up of athletes who use wheelchairs- to compete in the tournament there must be at least one other wheelchair team. This rule is in place for the safety of all non-wheelchair participants.
- Competition attire includes:
  - A **one-piece, three-flag belt** will be worn during the games at all times.
  - We recommend all players have a mouthpiece. These not only protect teeth but they have also been proven to help reduce the severity of concussions.
  - All players must have a playing uniform with number on FRONT and BACK.
  - All uniforms must be tucked in at the waist.
  - No jewelry may be worn.
  - No blue jeans allowed, players must wear athletic shorts or pants without pockets.
  - Players must wear rubber-cleated or flat-soled athletic shoes.
- Athletes not in appropriate competition attire are subject to disqualification.