



These pages will assist you to fill out your team roster. Please read through the instructions and be as honest as possible. This process will help us to create the most even matches possible. This is to help you
- **YOU DO NOT NEED TO SUBMIT THIS WITH YOUR ENTRIES!**

Team Name _____

Head Coach _____

Athlete Name _____

INSTRUCTIONS

For each of the following groups of skills, choose the statement that best describes the athlete's skill ability in a game situation with a team of equal ability.

Place the corresponding number listed after the statement in the score box for that skill group.

Example: B. Passing/Setting

If you select the statement: Sometimes completes a pass to a teammate or over the net (2)

Place a 2 in the score box for the Passing/Setting section. If no levels apply enter a "0" score.

Individual Assessment for Team Play

A. Serving

(one choice- the most representative of the athlete's skill level)

Sometimes serves underhand legally over the net and will need to move up to use the adjusted service line (10 feet from the end line) (4)

Legally serves underhand consistently and effectively (3)

Legally serves both underhand/overhand over the net (2)

Consistently serves overhand into designated areas of the court (1)

Score:

B. Passing/Setting

(one choice- the most representative of the athlete's skill level)

Sometimes completes a pass to a teammate or over the net (4)

Only completes passes that come directly to him/her (3)

Usually completes passes received in general area of his/her position (2)

Chooses best type of pass (overhead/set/forearm) for the situation and completes passes accurately to the setter to run an offense (1)

Score:

C. Blocking

(one choice- the most representative of the athlete's skill level)

Sometimes moves to net when on defense (4)

Watches the path of the ball and may move along the net accordingly (3)

Transitions to the net, follows path of the ball along the net with hands up and attempts to block only when the ball is hit directly in front of him/her(2)

Aggressively attempts blocks 3-4 steps away, makes many successful blocks (1)

Score:

D. Attacking/Hitting

(one choice- the most representative of the athlete's skill level)

Periodically makes an attack over the net usually with two hands (4)
Can hit the ball over the net with one hand when it comes directly to him/her (3)
Hits the ball over the net when it is set to him/her, occasionally moving to a set 1-2 steps away (2)
Consistently hits the ball over the net into the opposite court with the ability to place the ball in a way that the opposing team cannot return in a downward motion (1)

Score:

E. Game Awareness

(one choice- the most representative of the athlete's skill level)

Sometimes confused on offense and defense; does not transition to and from net (4)
Can play a fixed position as instructed by coach; may go after an occasional loose ball with a limited understanding of the game, understands scoring and basic violations (3)
Moderate understanding of the game; performs basic skills and attempts to pass/set to others (2)
Overall understanding of the game; some offensive plays and solid defensive skills while also understanding player roles on offense and defense (1)

Score:

F. Movement

(one choice- the most representative of the athlete's skill level)

Athlete often remains stationary, must be told to rotate (4)
Able to rotate independently but does not move to or away from the ball as necessary or only moves a few steps with a bit of a slower reaction time (3)
Movement permits adequate court coverage (2)
Good court coverage, reasonably aggressive; good transition from offense to defense (1)

Score:

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