



## Special Olympics Colorado Coach Roster

Region: \_\_\_\_\_ Sport: \_\_\_\_\_ Competition: \_\_\_\_\_

Team Name: \_\_\_\_\_

Head Coach Name: \_\_\_\_\_

Head Coach Day of Event Phone: \_\_\_\_\_ Additional Email: \_\_\_\_\_

Head Coach Email: \_\_\_\_\_

Please note that requirements to be a coach include:

- Individual must be at least 14 years of age.
- Individual must have a valid Volunteer Registration form (“Class A”) on file with Special Olympics Colorado at least two weeks prior to the competition.
- All coaches ages 18 + must complete the Concussion Awareness training, which can be found here: <http://www.cdc.gov/concussion/HeadsUp/Training/> .

*Please note that all athletes must have a valid medical (including physical) and consent form on file with Special Olympics Colorado at least two weeks prior to the competition. If you have any questions on the above requirements, please contact your Regional Manager.*

**(Please only list coaches on this roster. Partners should be listed on the team entry form, not the coach roster)**

	Last Name	First Name	Date of Birth	Gender
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

# SPECIAL OLYMPICS COLORADO AQUATICS LEAD-UP ENTRY FORM

**Special  
Olympics  
Colorado**



Region: \_\_\_\_\_ Day of Contact: \_\_\_\_\_

Team/Program: \_\_\_\_\_

Coach Name(s): \_\_\_\_\_

Coach E-mail(s): \_\_\_\_\_

Do you plan on attending the state competition?	
Yes	No

		10M Assisted Walk			15M Assisted Walk			15M Flotation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

		10M Assisted Walk			15M Assisted Walk			15M Flotation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

		10M Assisted Walk			15M Assisted Walk			15M Flotation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

<b>SCORES ARE SUBMITTED IN:</b>	METERED TIME		YARD TIME	
	<b>DO NOT CONVERT TIMES</b>			

Assisted - Athlete should be the one moving their body through the water. Coaches or unified partners can be in the water to help athlete feel at ease and can offer physical assistance.

Flotation - Athlete has a flotation device they are holding or wearing. Athlete should move their body through the water.

Unassisted - A coach can be in the water to help comfort the athlete but should not touch the athlete unless for safety purposes.

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Yes	No

		10M Assisted Walk			15M Assisted Walk			15M Floatation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

		10M Assisted Walk			15M Assisted Walk			15M Floatation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

		10M Assisted Walk			15M Assisted Walk			15M Floatation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

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Yes	No

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(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

		10M Assisted Walk			15M Assisted Walk			15M Flotation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

		10M Assisted Walk			15M Assisted Walk			15M Flotation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

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(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

		10M Assisted Walk			15M Assisted Walk			15M Flotation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

		10M Assisted Walk			15M Assisted Walk			15M Flotation			15M Unassisted Swim			15M Assisted Swim		
(Athlete Name)		:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
		15M Walk			15M Kick Board			25M Flotation			25M Assisted Swim			25M Unassisted Swim		
(Gender)	(DOB)	:	:	.	:	:	.	:	:	.	:	:	.	:	:	.
		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths

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