

Monday, November 30

**SOCO Morning Show
9:00 AM, Facebook Live**

[Click here to visit our Facebook Page](#)

**Strong Minds Retreat
Group Cohesion Activity
2:00 PM, Zoom**

[Click here to register](#)

**Bingo with YAC
7:00 PM, Zoom**

[Click here to register](#)

Tuesday, December 1

**Unified Bingo
with Chaka Sutton
3:00 PM, Zoom & FB Live**

[Click here to register](#)

Wednesday, December 2

**Athlete Social Hour with
Greeting Card Activity
2:00 PM via Zoom**

[Click here to register](#)

Thursday, December 3

**Virtual Trivia
with Holiday Movies Theme
12:00 PM via Zoom**

[Click here to register](#)

Friday, December 4

Strong Mind Big Heart Yoga
2:00 PM

[Click here to register](#)