

Basketball BEST PRACTICE GUIDELINES

Winter Season 2021

Special Olympics
Colorado



Basketball

- Find a facility that will accommodate your group while ensuring physical distancing guidelines are met as well as a designated space to isolate ill participants including tape, cones, or chairs indicating where to sit.
 - Please note that under current COVID restrictions local parks or venues may not be willing to accommodate organized groups. In this case, you may have to stagger practice times to allow for adequate practice.
 - Please note that most venues are only allowing a smaller capacity of patrons a day, they may have strict guidelines on how many individuals can enter throughout the day.
 - Please call your practice venues for their COVID. Get as much info as you can in order to be prepared going into the season.
- Maintain a roster with contact information for all athletes and coaches, and be prepared to support local public health contact tracing efforts, if exposures occur
- Print & have your team sign the “COVID-19 Waiver and Code of Conduct” and “Sign-In Sheets”
 - Send waivers to your Regional Manager following your first practice
 - Send sign-in sheets to Regional Manager every week
- No more than 10 total participants (athletes, unified partners, coaches, volunteers, etc.) will be permitted at a single practice location at a given time
- Only Outdoor organized practices of 10 participants or less are allowed at this time.
- All participants (athletes, unified partners, coaches, etc.) should wear a mask at all times, including while practicing
- Print & display physical distancing signage provided by SOCO
- Athletes and volunteers must always be 6 feet apart, including while performing cleaning and setup, waiting for practice time, during practice, and celebrations (e.g., no high fives or hand shakes)
- All participants should have their own basketball for drills.
- Sanitize all shared equipment before, during and after all practice sessions
- Mark bench/sideline locations with 6 feet of distance to maintain proper social distance.
- Spectators are not allowed at practices or other team gatherings unless special circumstances are approved by Special Olympics Colorado staff.
- Establish a plan for safe practices, which includes access to personal protective equipment (PPE) and physically distanced drills and activities
- Teams need to provide touchless thermometers (can be purchased using local program funds or SOCO will loan one for the season at no cost), hand sanitizer, sanitizing wipes or spray during practices
- Players and volunteers must leave the premises immediately following play or volunteer shift
- Cancel events, such as practices, if unable to ensure appropriate physical distancing and equipment handling

Special Olympics Colorado

12450 East Arapahoe Road, Suite C, Centennial, CO 80112 Tel 720 359 3100 Fax 303 592 1364
www.SpecialOlympicsCO.org

Created by the Joseph P. Kennedy Jr. Foundation for the benefit of persons with intellectual disabilities

- Always ensure that all facility, SOCO, and CDC guidelines are followed
- Communicate these guidelines to participants and families in advance

Events Offered: Please click [HERE](#) to view the Basketball Skills entry form and all the events that will be offered at the 2021 Virtual State Basketball Tournament.