

## BASKETBALL ALL STAR ENTRY FORM

Region \_\_\_\_\_

Team Name \_\_\_\_\_

Head Coach \_\_\_\_\_

Please refer to Coach  
scoresheet and the  
powerpoint for information  
on scoring.

### Summary of Individual Assessment

*Please list player's in alphabetical order*

	Athlete Name	Athlete/ Partner	Date of Birth	Lay-ups	Vertical Jump	30 Second Jump	¾ court sprint	Lane Agility	Dribbling	Shooting	Explosive Passing	Pro-Level Challenge	Total
1													
2													
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													
<div style="border: 1px solid black; padding: 5px;">                     Would you like your team entered in the overall team competition?  <input type="checkbox"/> YES      <input type="checkbox"/> NO                 </div>													

# Special Olympics Colorado

## Basketball All Star Score Sheet – For Coach Use Only

Athlete name: \_\_\_\_\_

### Skill 1 – Movement – Lay Ups

Attempt 1	Attempt 2	Attempt 3
Attempt 4	Attempt 5	Attempt 6
Attempt 7	Attempt 8	Attempt 9
Attempt 10	Total Lay-ups Made	

Make all 10 lay ups– 10 points  
 Makes 8 – 9 lay up– 8 points  
 Makes 5 – 7 lay ups – 6 points  
 Makes 3 – 4 lay ups – 4 points  
 Makes 0 – 2 lay ups – 2 points

FINAL SCORE

### Skill 2 – 30 Second Endurance Jump with Ball/Rebounding

Attempt 1	Attempt 2
FINAL SCORE (best of 2 attempts)	

Above 21 jumps – 10 points  
 20 jumps to 16 jumps – 8 points  
 15 jumps to 10 jumps – 6 points  
 9 jumps to 5 jumps – 4 points  
 Less than 4 jumps – 2 points

### Skill 3 – ¾ Court Sprint

Attempt 1	Attempt 2
FINAL SCORE (best of 2 attempts)	

0 seconds – 10 seconds – 10 points  
 10 seconds – 15 seconds – 8 points  
 15 seconds – 20 seconds – 6 points  
 25 seconds – 30 seconds – 4 points  
 30 seconds and over – 2 points

### Skill 4 – Lane Agility Drill

Attempt 1	Attempt 2
FINAL SCORE (best of 2 attempts)	

0 seconds – 10 seconds – 10 points  
 10 seconds – 15 seconds – 8 points  
 15 seconds – 20 seconds – 6 points  
 25 seconds – 30 seconds – 4 points  
 30 seconds and over – 2 points

